



DiscoverU

DISCOVERING UNIVERSITY SPORT AND DUAL CAREER

Info Seminar



Co-funded by
the European Union

Table of Contents

1. Event Summary
2. Event Promotion
3. Event Participation
4. Event Reporting and Dissemination
5. Event Satisfaction Survey
6. Project Presentations

1. Event Summary

Within the DiscoverU (Discovering university sport and supporting dual career) project, co-funded by the European Union, a webinar on the topic of Dual Career was hosted on 22nd of April 2024. The event started at noon 12:00 PM (CET) and lasted for an hour and 9 minutes.

The webinar was done as part of EAS Café, this time joined by EUSA on the topic of University Sports - From Active Lifestyles to Dual career.

The meeting was hosted by the European University Sports Association (EUSA) and the EUSA Institute, and was attended by around 90 participants, representatives of the partners, national university sport bodies and universities.

The DiscoverU project mainly aim to improve sport and physical activity opportunities for students in higher education on one hand, addressing larger student population; and at the same time promote and support dual career in higher education in partnering countries.

The webinar was opened by Mr Andrej Pisl, EUSA Project and Policy Manager that briefly presented the different speakers and the main of the project.

Content of the webinar kicked off with a presentation of Ms Filipa Godinho, Pro-Rector of University of Coimbra who started as the introduction of the EUG Games in Coimbra in 2018 with some important numbers of this event. Then, she related the impact of the European Universities Games 2018 on the development of the strategy of the university to help students in the dual-career process, explaining the impact on three different category profiles of students-athletes that benefit of the different support by the university. Ms Godinho gave a detailed explanation between the different categories and different level of support devoted to each profile of student-athletes.

Next, the webinar continued with the presentation of Ms Marianna Pikul representative of the International Affairs department of University Sports Association of Poland – AZS. She focused on the structure of AZS and the diverse events organized by the association mixing different population as children, students, or individuals part of different sports clubs. She finished presenting the different support that the organization provides to encourage the professional athletes to continue their studies. Ms Pikul mentioned various athletes that used the opportunity of dual career to manage great results both in their sports careers and in their professional academic journeys.

Mr Maté Nagyistok and Mr Laszlo Végh, Project Managers of the EUG 2024, were presenting on behalf of the Hungarian University Sports Federation (MEFS), presenting about the dual career approach in the federation, as well as the European

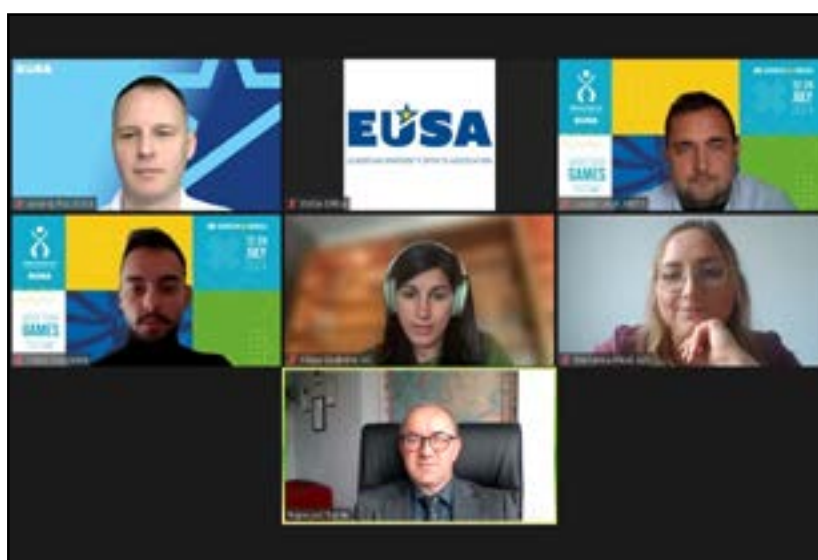
Universities Games 2024 to be held in Debrecen and Miskolc in July. Mr Nagyistok gave details of the program for students, through which they could get a support by the universities to help them in their sport career such as a support system, provided sports scholarships and free housing. He also elaborated on the trial career model, that coordinate sports, studies, and work.

In continuation Mr Végh presented the dual career aspect related to the European Universities Games taking place in Miskolc and Debrecen. He was focusing on the communication campaign and the slogan "More than Games" referring mainly that the event itself is about more than sports, with the aspect of dual career present in the lives of the main actors of the event, the student-athletes. In the main campaign of EUG 2024, Mr Vegh especially pointed out the engagement of the ambassadors that are student-athletes, speaking about the great way of combining their sporting careers and academic life.

After the contribution of the presenters, a discussion followed in form of a round table of speakers, also inviting the participants to ask questions and take part in the debate. The discussion involved questions related to the dual career systems of all of the presented counties and entities, the additional stakeholders involved in the support system of dual career programs, and ideas for further future development of it.

To conclude the webinar, Mr Rajmund Tomik addressed the present participants with the invitation of the 2024 EAS Activities and Annual Conference to be held in Katowice, Poland from 1-3 of October. Having the conference in the European City of Science in 2024, is a special opportunity to highlight the contribution of dual career of sportspersons to the advancement of a European culture in and through sports on all aspects of life. The Conference will be dedicated to "Dual career at school and university – innovative bridges between sport and education".

More details about the conference, can be found on <https://eas24.awf.katowice.pl>. More details about the DiscoverU project can be found on <https://discoveru.eusa.eu> and for more information regarding Dual Career in general, visit <https://www.dualcareer.eu>.



DiscoverU project in a nutshell

Project duration:
36 months

Main aims & fields:

- improving sport and physical activity opportunities for students in HE
- promoting and supporting dual career

Methodology:

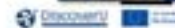
- blended learning
- sharing experience
- gaining information & skills

Partnership:

- 2 European NGOs (EUSA Institute, EAS)
- 3 national university sport bodies (Croatia, Hungary, Poland)
- 1 university (Salerno, Italy)

Main activities:

- gathering information
- sharing good practice examples
- implementation of sports and educational activities



University Sports - From Active Lifestyles to Dual Career The Impact of EU2018 on dual careers at the University of Coimbra



	CAREER	SUPPORT	VISIBILITY	SSS PARTICIPANTS
	Academic Career	Sport Career		
Students with high performance athletes		High Performance Education - dual career - regular monitoring - access to sports professionals, performance analysis, health monitoring and other necessary needs. Accommodation Support. Work contracts.	Representation for the University and University/Sport Influencers. As they motivate others to take active sport.	A large number
Students athletes with regular sport competition	Non-formal	Student athletes relative (Hard awards 30)		Most of them
Students who take an active sport	Non-formal	Only a few gifts, such as medals and equipment	They may be the largest group of participants	Encourages in organizing and supporting the event



UNIVERSITY SPORTS MOVEMENT OF POLAND NATIONAL OF POLAND - NATIONAL ACTION - REGIONAL TRANSITION



INTER - UNIVERSITY LEAGUES

- Inter - university leagues are the basic system of sports competition run by Administrative organizations of A21, in every province / in every academic center.
- Competition in close to 40 sports disciplines
- Every year, a group of over 30,000 students participate in Inter - University league games



Trial career model (plan)

Trial career model:

- Coordinate the 3 key areas of sports, study and work
- Designed for youth athletes just beginning their sporting career life
- Not only for elite athletes
- Plan: self-financing system with a cooperation of companies, schools and sports teams
- Standardised mentoring and tutoring system in higher education
- Monitoring and tutoring
- Continued interaction between family, coach and school representatives
- Career guidance consulting services
- Financial support
- Non-financial support (language school, self-development services)



2. Event Promotion

The webinar was promoted by project partners, mainly by the EUSA Institute and EAS. The promotion was done in electronic and online form, using the websites, social media and special invitation.





EUROPEAN
UNIVERSITY
SPORTS
ASSOCIATION

[HOME](#)
[NEWS](#)
[EUSA](#)
[EVENTS](#)
[PROJECTS](#)
[MEDIA](#)

Home > News > ESOM and DiscoverU online events coming up in April

28. 03. 2024

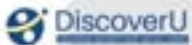
ESOM and DiscoverU online events coming up in April

Apart from the preparations for the future sports programme offered by the European University Sports Association (EUSA) in the next months, interesting educational events are also on the schedule.

We are happy to invite you to two insightful webinars that will steal the spotlight in April: the ESOM Webinar on Good Governance and EAS & EUSA Café: University Sports - From Active Lifestyles to Dual Career.

The **ESOM webinar on Good Governance** will cover the topics of **Good Governance and Policy Making, as well as Safety and Security**. This online event is scheduled to take place on 11th of April from 15:00 – 17:00 CET.

This project mainly aims to strengthen management and event organisation in university sport, through blended learning, sharing experiences, gaining new information and skills on the key topics of sports management, funding, communication, and other key topics.



INFO POINT

- > CONTACT US
- > HOW TO FIND US

EUSA PARTNERS



DiscoverU

DISCOVERING UNIVERSITY SPORT AND DUAL CAREER








 Co-funded by the European Union



Join us and register for DiscoverU April online event!

Monday, April 22
12:00 – 13:00 CET

EAS & EUSA Café: University Sports From Active Lifestyles to Dual Career
Healthy Lifestyle - Grassroot Sport - Dual Career



Dear friends of Dual Career,

On behalf of the EAS Executive Committee, I inform you that the 13th EAS Online Café "University Sports - From Active Lifestyles to Dual Career" will be held on April 22, 2024 (from 12:00 CET).

The webinar is organized in cooperation with the European University Sport Association (EUSA) and EUSA Institute as part of the 36-month "Discovering university sport and supporting dual career (DiscoverU)" project, co-funded by the European Union:
<https://discoveru.eusa.eu>.

Speakers:

Andrej Pisl, Projects and Policy Manager of the European University Sports Association & EUSA Institute; coordinator of the DiscoverU project

Filipa Godinho, Pro-Rector for Sport of the University of Coimbra and Director of the University Stadium of the University of Coimbra; Sports Director of the European University Games Coimbra 2018; former FADU President

Marianna Pikul, AZS International Relations Department, Volunteer coordinator of the European Universities Games Lodz 2022

Laszlo Vegh, MEFS representative, Project Leader of the European Universities Games Debrecen-Miskolc 2024 & **Mate Nagyistok**, Junior Project Manager of the European Universities Games Debrecen-Miskolc 2024

To attend the event, please register at
https://us02web.zoom.us/webinar/register/WN_8zTDrVPST-SnwYB395Ynfg#/registration

Looking forward to meeting you again, I wish you a nice week!

Best,
Laura Capranica



Co-funded by the
European Union

The DiscoverU project is co-funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

3. Event Participation

While 113 participants registered for the event, 84 unique participants attended the online event in real time, not including the 7 speakers and 1 administrator. Altogether, 92 persons took part in the webinar on April 22.

Participants came from 23 countries: Albania, Belgium, Brazil, Croatia, Czechia, Denmark, Finland, France, Germany, Hungary, Ireland, Israel, Italy, Latvia, Lithuania, Luxembourg, Poland, Portugal, Romania, Serbia, Slovenia, Spain and Turkey.

Average time attending was 52,5 minutes.

Excerpt from the report and statistics, exported from the Zoom platform, not publicly disclosing the names of participants/attendees due to GDPR and privacy:

Host Details			
Attended	User Name (Original Name)	Time in Session (minutes)	Country/Region Name
Yes	EUSA Office	99	Slovenia
Panelist Details			
Attended	User Name (Original Name)	Time in Session (minutes)	Country/Region Name
Yes	Andrej Pist, EUSA	98	Slovenia
Yes	Marianna Pikul, AZS	98	Poland
Yes	Filipa Godinho, UC	83	Portugal
Yes	Laszlo Vegh, MEFS	71	Hungary
Yes	Máté Nagyistók	71	Hungary
Yes	RajmundTomik	3	Poland
Yes	LauraCapranica	2	Italy
Attendee Details			
Attended	User Name (Original Name)	Time in Session (minutes)	Country/Region Name
Yes	[name not disclosed]	69	Croatia
Yes	[name not disclosed]	69	Italy
Yes	[name not disclosed]	69	Italy
Yes	[name not disclosed]	69	Finland
Yes	[name not disclosed]	69	Italy
Yes	[name not disclosed]	69	Italy
Yes	[name not disclosed]	69	Italy
Yes	[name not disclosed]	69	Italy
Yes	[name not disclosed]	69	Slovenia
Yes	[name not disclosed]	69	Italy
Yes	[name not disclosed]	69	Italy
Yes	[name not disclosed]	69	Italy
Yes	[name not disclosed]	69	Italy
Yes	[name not disclosed]	69	Italy
Yes	[name not disclosed]	69	Italy
Yes	[name not disclosed]	69	Serbia
Yes	[name not disclosed]	69	Italy

Yes	[name not disclosed]	68	Slovenia
Yes	[name not disclosed]	68	Spain
Yes	[name not disclosed]	68	Luxembourg
Yes	[name not disclosed]	68	Italy
Yes	[name not disclosed]	68	Germany
Yes	[name not disclosed]	68	Italy
Yes	[name not disclosed]	68	Croatia
Yes	[name not disclosed]	68	Italy
Yes	[name not disclosed]	68	Ireland
Yes	[name not disclosed]	68	Ireland
Yes	[name not disclosed]	68	Slovenia
Yes	[name not disclosed]	68	Slovenia
Yes	[name not disclosed]	68	Poland
Yes	[name not disclosed]	68	Romania
Yes	[name not disclosed]	68	Serbia
Yes	[name not disclosed]	68	Italy
Yes	[name not disclosed]	68	Italy
Yes	[name not disclosed]	68	Lithuania
Yes	[name not disclosed]	67	Serbia
Yes	[name not disclosed]	67	Italy
Yes	[name not disclosed]	67	Belgium
Yes	[name not disclosed]	66	Poland
Yes	[name not disclosed]	66	Portugal
Yes	[name not disclosed]	66	Italy
Yes	[name not disclosed]	65	Germany
Yes	[name not disclosed]	65	Italy
Yes	[name not disclosed]	65	Finland
Yes	[name not disclosed]	65	Italy
Yes	[name not disclosed]	65	Italy
Yes	[name not disclosed]	64	Italy
Yes	[name not disclosed]	64	Serbia
Yes	[name not disclosed]	63	Hungary
Yes	[name not disclosed]	63	Italy
Yes	[name not disclosed]	62	Italy
Yes	[name not disclosed]	59	Italy
Yes	[name not disclosed]	59	Spain
Yes	[name not disclosed]	58	Italy
Yes	[name not disclosed]	58	Finland
Yes	[name not disclosed]	58	Italy
Yes	[name not disclosed]	57	France
Yes	[name not disclosed]	57	Brazil
Yes	[name not disclosed]	56	Latvia
Yes	[name not disclosed]	56	Denmark
Yes	[name not disclosed]	56	Italy
Yes	[name not disclosed]	54	Belgium
Yes	[name not disclosed]	54	Denmark
Yes	[name not disclosed]	52	Italy
Yes	[name not disclosed]	52	Italy

Yes	[name not disclosed]	50	Italy
Yes	[name not disclosed]	47	Turkey
Yes	[name not disclosed]	46	Italy
Yes	[name not disclosed]	46	Serbia
Yes	[name not disclosed]	45	Serbia
Yes	[name not disclosed]	44	Italy
Yes	[name not disclosed]	41	Italy
Yes	[name not disclosed]	40	Italy
Yes	[name not disclosed]	39	Denmark
Yes	[name not disclosed]	39	Serbia
Yes	[name not disclosed]	39	Turkey
Yes	[name not disclosed]	38	Hungary
Yes	[name not disclosed]	34	Albania
Yes	[name not disclosed]	29	Slovenia
Yes	[name not disclosed]	27	Poland
Yes	[name not disclosed]	21	Israel
Yes	[name not disclosed]	21	Italy
Yes	[name not disclosed]	6	Czech Republic
Yes	[name not disclosed]	4	Serbia
No	[name not disclosed]	--	
No	[name not disclosed]	--	Albania
No	[name not disclosed]	--	Germany
No	[name not disclosed]	--	Portugal
No	[name not disclosed]	--	Latvia
No	[name not disclosed]	--	United Kingdom
No	[name not disclosed]	--	United Kingdom
No	[name not disclosed]	--	Croatia
No	[name not disclosed]	--	France
No	[name not disclosed]	--	Italy
No	[name not disclosed]	--	Finland
No	[name not disclosed]	--	Spain
No	[name not disclosed]	--	Czech Republic
No	[name not disclosed]	--	Italy
No	[name not disclosed]	--	Croatia
No	[name not disclosed]	--	Italy
No	[name not disclosed]	--	Italy
No	[name not disclosed]	--	Latvia
No	[name not disclosed]	--	Denmark
No	[name not disclosed]	--	Italy
No	[name not disclosed]	--	Italy
No	[name not disclosed]	--	Italy
No	[name not disclosed]	--	Italy
No	[name not disclosed]	--	Italy
No	[name not disclosed]	--	Spain
No	[name not disclosed]	--	Italy
No	[name not disclosed]	--	Italy
No	[name not disclosed]	--	Latvia
No	[name not disclosed]	--	Italy

4. Event Reporting and Dissemination

After the event, the news with a short report was posted on the project website, as well as on the websites and social media channels of the partners, with EUSA and EAS taking the lead.

All participants who registered for the event also received the pdf export of all the slides presented at the webinar, and this will also be available at the official website. In addition, the webinar has been recorded, and will be available for online viewing also for those who did not attend the event.

The screenshot displays the EUSA (European University Sports Association) website. The main header includes the EUSA logo and navigation links: HOME, NEWS, EUSA, EVENTS, PROJECTS, MEDIA. The page features a blue sidebar with 'INFO POINT' (CONTACT US, HOW TO FIND US) and 'EUSA PARTNERS' (COUNCIL OF EUROPE, EUROPEAN COMMISSION). The main content area is titled 'EAS & EUSA Café: University Sports - From Active Lifestyles to Dual Career webinar' dated 22.04.2024. It describes the webinar as part of the DiscoverU project, hosted by EUSA and EAS, attended by around 90 participants. Below the text is a video player showing a grid of participants in a virtual meeting.

EAS & EUSA Café: University Sports - From Active Lifestyles to Dual Career webinar
22. APRIL 2024

DiscoverU project in a nutshell

Project duration:	Partnership:
24 months	19 European MSUs (Universities, HIGI)
	1 European university sports institute
	1 European university sports institute
	1 European university sports institute
	1 European university sports institute

Work activities:

- gathering information
- creating a good practice manual
- implementing a pilot project
- creating a pilot project
- creating a pilot project










EUSA - European University Sports Association
Publicato da Kristi Kristovska · 23 aprile alle ore 10:05 ·

EAS & EUSA Café: University Sports – From Active Lifestyles to Dual Career webinar took place yesterday, done within the #DiscoverU (Discovering university sport and supporting dual career) project. Different systems of dual career support and impacts were presented by the speakers, pointing out the importance and results of these programs.

<https://www.eusa.eu/eas-eusa-cafe-university-sports-from...>
 Special thanks to the co- hosts and contributors to the webinar, representatives from: AZS Akademicki Związek Sportowy; EAS - The Dual Career Network; Egyetemi sport and Universidade de Coimbra



erU project in a n

AS:

AS:

sport and physical activity for students in HE


EUROPEAN ATHLETE STUDENT
 THE DUAL CAREER NETWORK

[Home](#)
[About EAS](#)
[Membership](#)
[Events](#)
[Projects / Documents](#)
[News / Media](#)

NEWS



The EAS & EUSA Café: University Sports – From Active Lifestyles to Dual Career

BY DOUBONA MOJCA
 Posted on April 25, 2024 in EAS Café, EU Projects, NEWS

On April 22, 2024, around 90 participants attended the 13th EAS online Café organized in cooperation with the EUSA Institute (<https://www.eusa.eu/>) to address the role of university sports for enhancing sport participation and active lifestyles of university students, which is the focus of the ERASMUS+ Cooperative Partnership DiscoverU (<https://discoveru.eusa.eu/>).



Co-funded by the European Union



The Café was moderated by Mr Andrzej Pisk, EUSA Project and Policy Manager, who illustrated how DiscoverU aims to gather information on sport and physical activity opportunities for students in higher education in the partner countries and will share good practice examples for university sport and dual career support.



Recent Posts

[The EAS & EUSA Café: University Sports – From Active Lifestyles to Dual Career](#)
[13th EAS Online Café "University Sports – From Active Lifestyles to Dual Career"](#)
[EAS and EPFM On-air: Sharing Dual Career Experiences and the Perpetual Calendar for a Fair Play World](#)
[Novelties of the EU Funding & Tenders Portal](#)
[13th EAS Online Café](#)

Recent Comments

Archives

- [April 2024](#)
- [March 2024](#)
- [February 2024](#)
- [January 2024](#)
- [December 2023](#)

5. Event Satisfaction Survey

After the event, all participants who took part in the event were sent an email, where we thanked them for the attendance, and asked them to evaluate the event, via an online survey (using Google Forms).



EAS-EUSA Café: University Sports - Evaluation questionnaire

This survey is related to your participation at the online webinar EAS-EUSA Café: University Sports - From Active Lifestyles to Dual Career, which took place on April 22nd from 12:00 - 13:00 CET. The event was part of the Discovering university sport and supporting dual career (DiscoverU) project. Co-funded by the European Union.

Please proceed only if you have attended the event.

This questionnaire is anonymous and is intended to enable the organisers to improve on the content and delivery of future events.

We thank you in advance for taking the time to answer the questionnaire as honestly as possible.

communications@eusa.eu [Switch accounts](#)

Not shared

Next Page 1 of 2 [Clear form](#)

Never submit passwords through Google Forms.

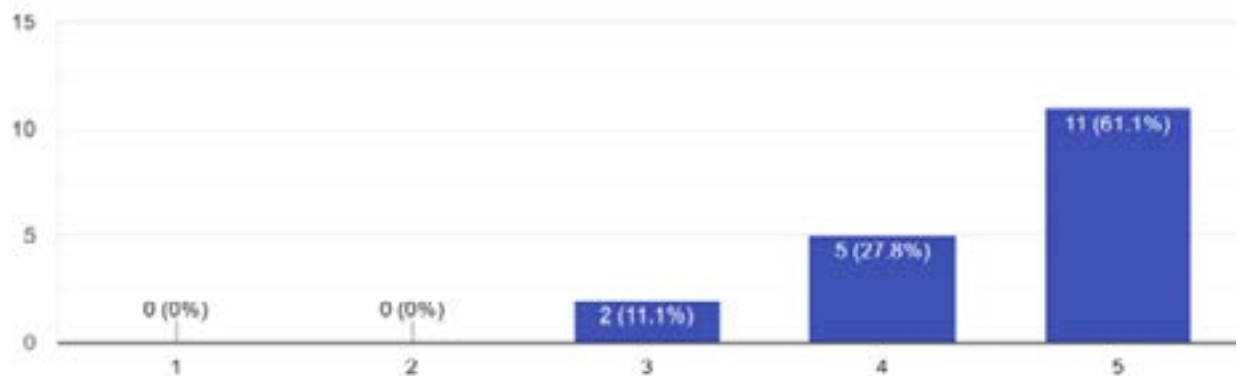
This form was created inside EUSA - Report Abuse

Google Forms

18 people (21 % of those attending) filled out the survey, with an average overall evaluation of 4,5/5, and generally providing positive feedback on the questions asked. The feedback will be used when planning future events.
Survey results overview:

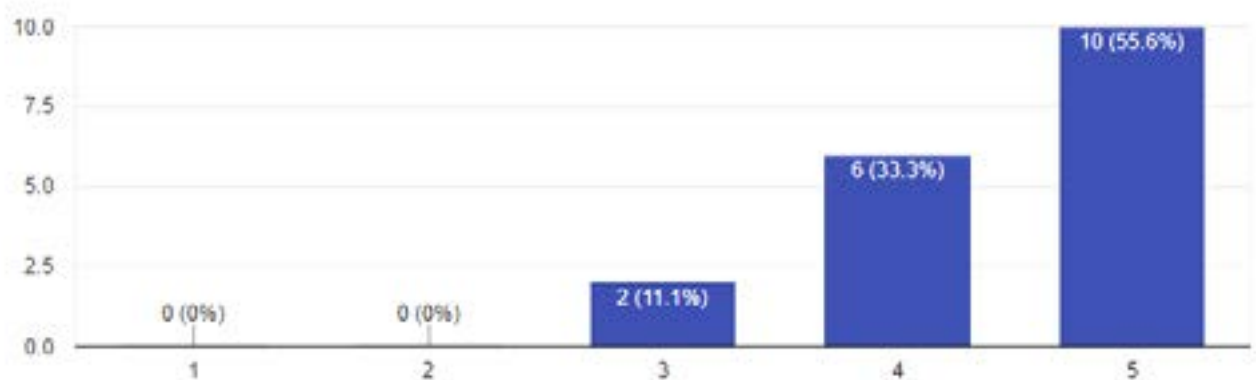
The general organisation of the event

18 responses



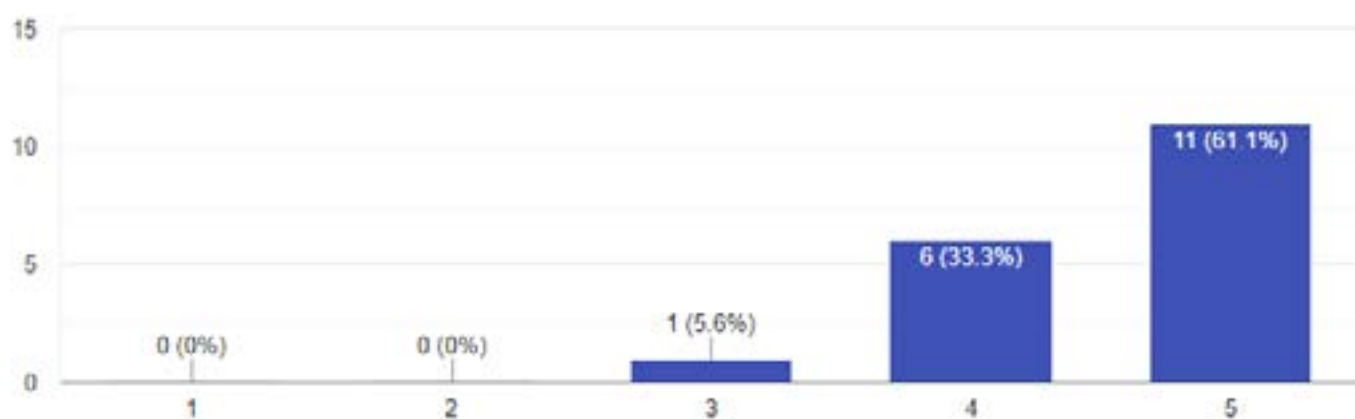
The relevance of the themes chosen

18 responses



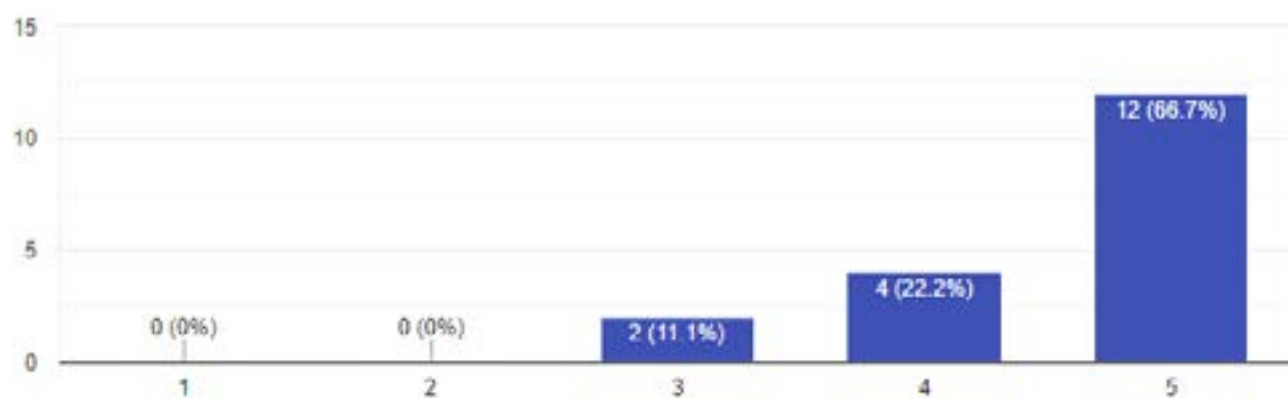
The speakers' contribution

18 responses



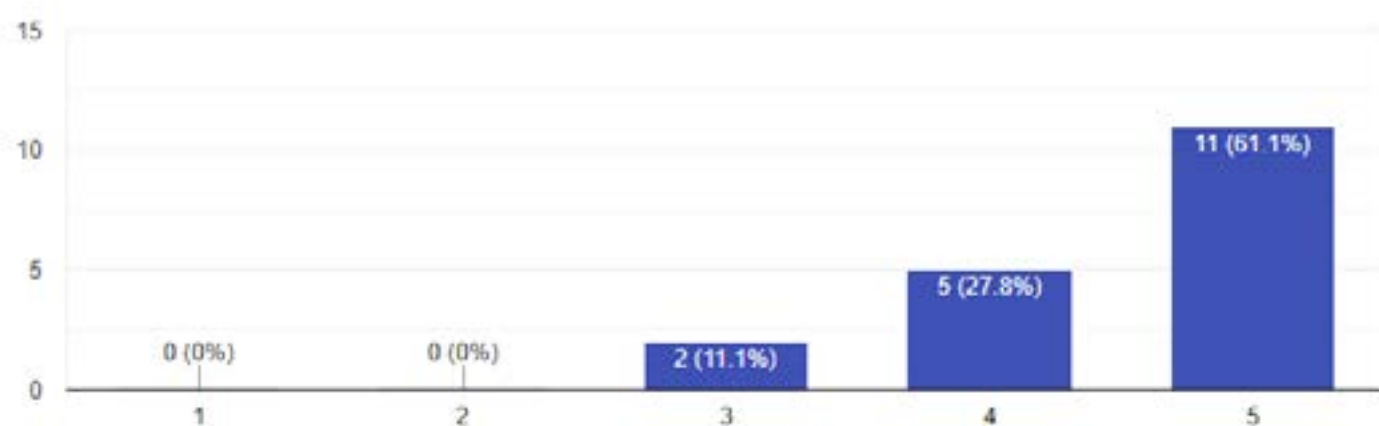
Role of the moderator

18 responses



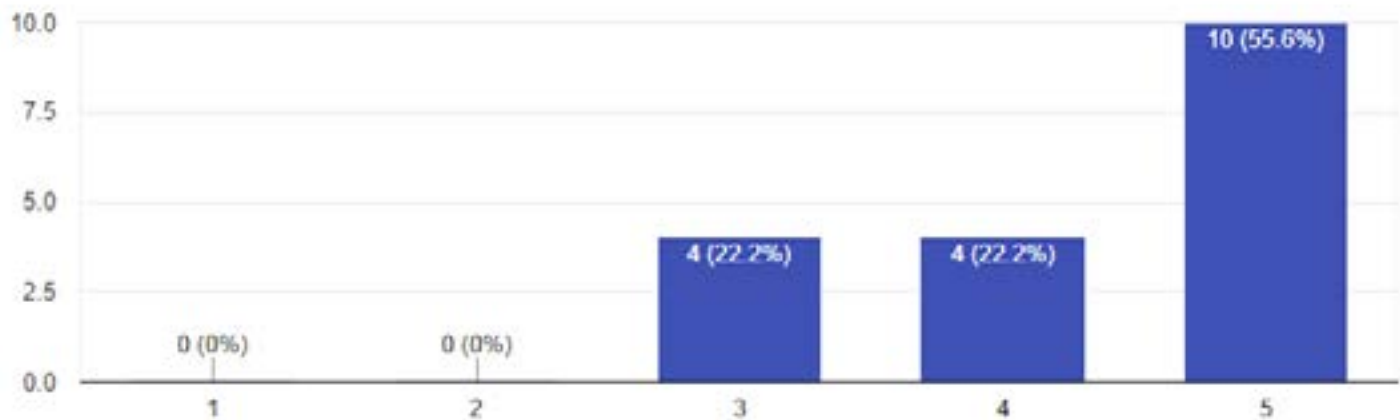
The time allocated to discussion

18 responses



Documentation provided

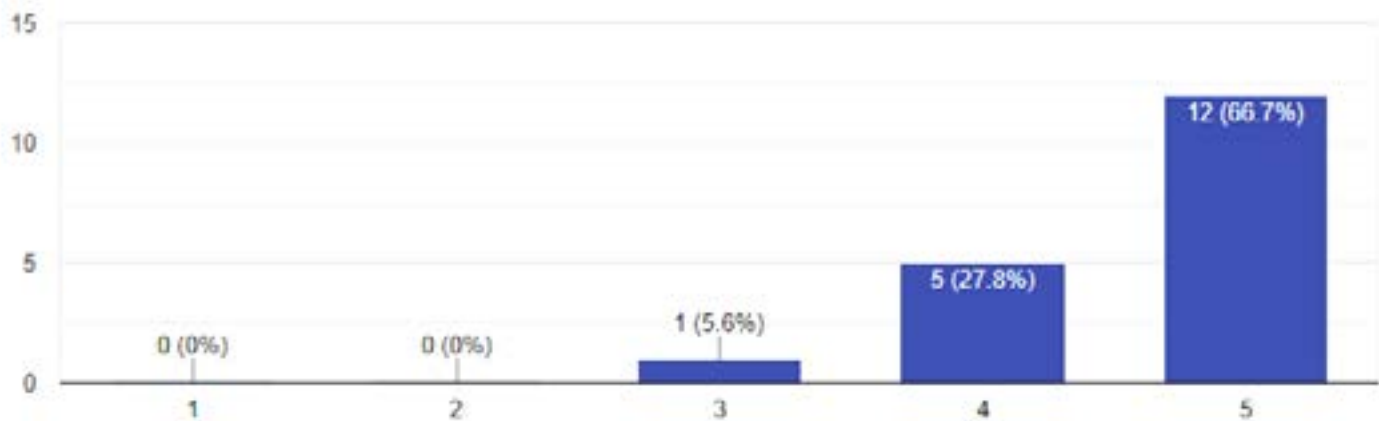
18 responses



Services

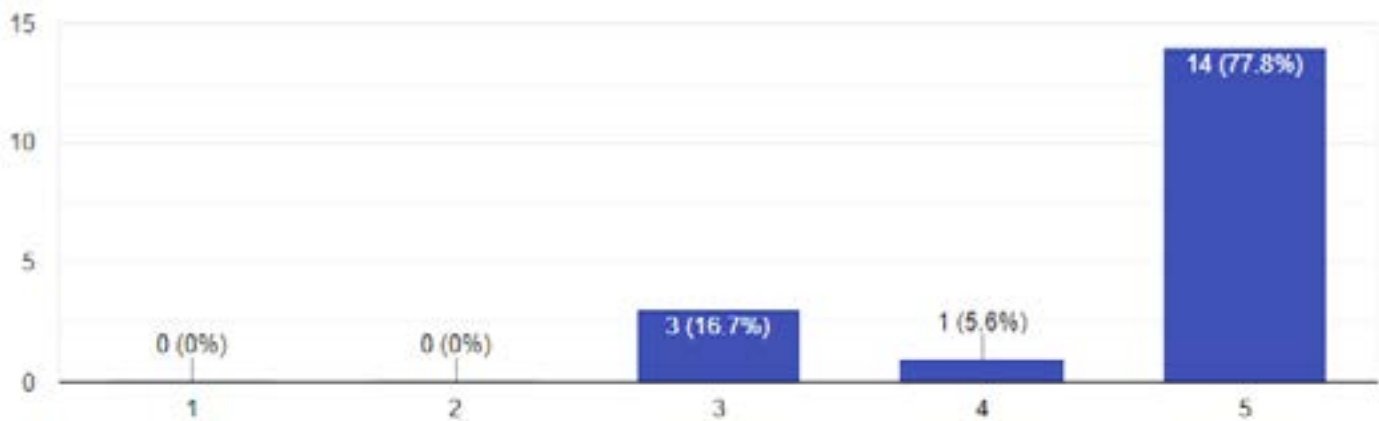
Technical solution for the event (zoom webinar)

18 responses



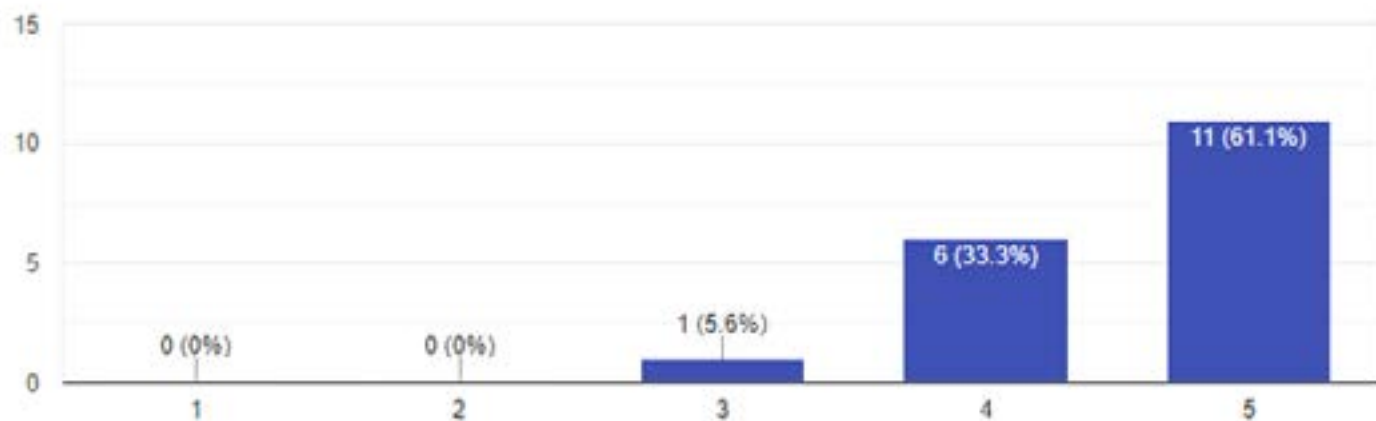
Online registration for the event

18 responses



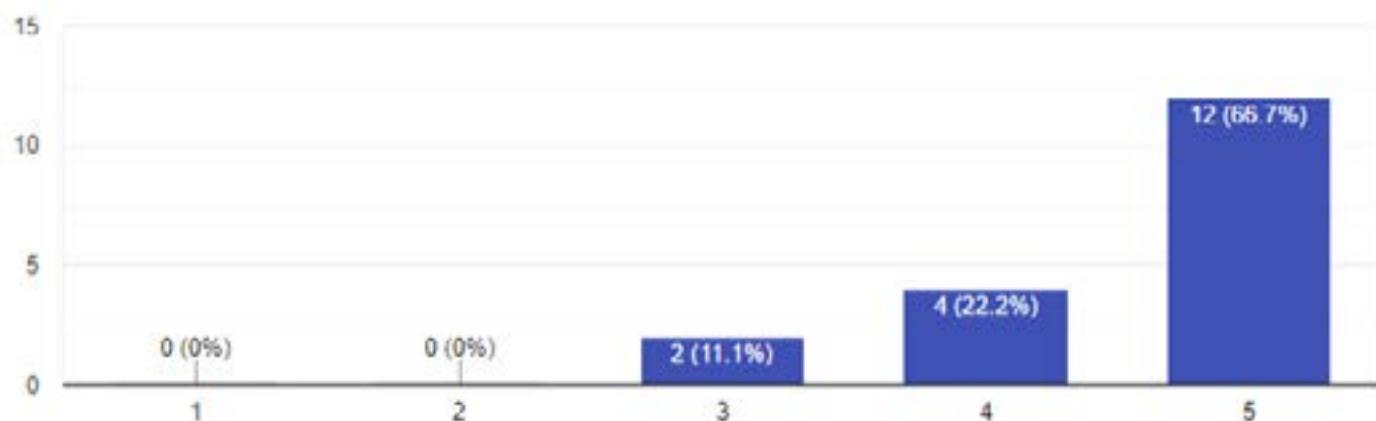
Survey / questionnaire after the event

18 responses



Practical information provided about the event and proceedings

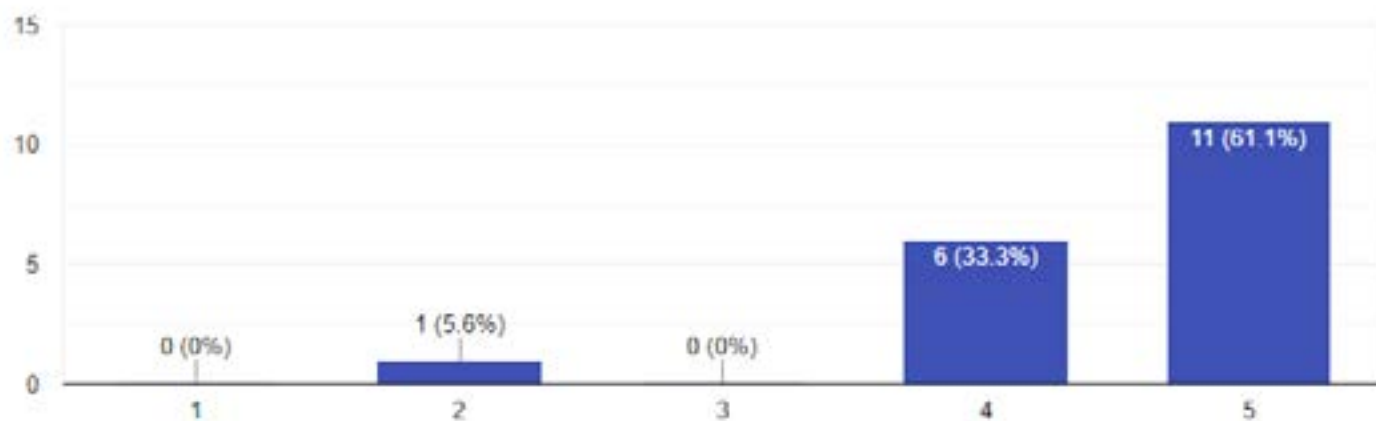
18 responses



B) Content and presentations

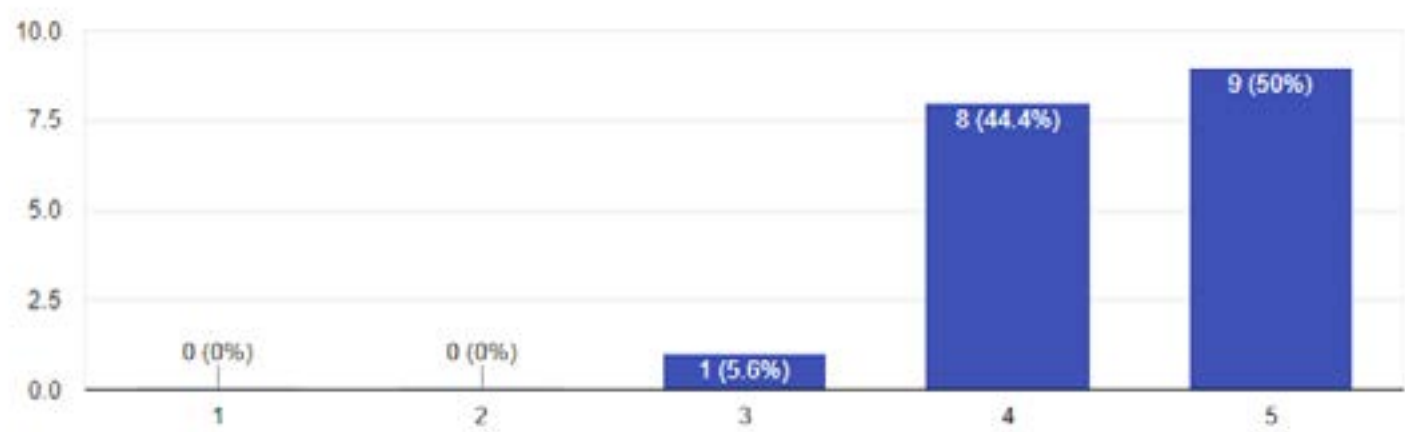
Introduction and About DiscoverU project (Andrej Pisl)

18 responses



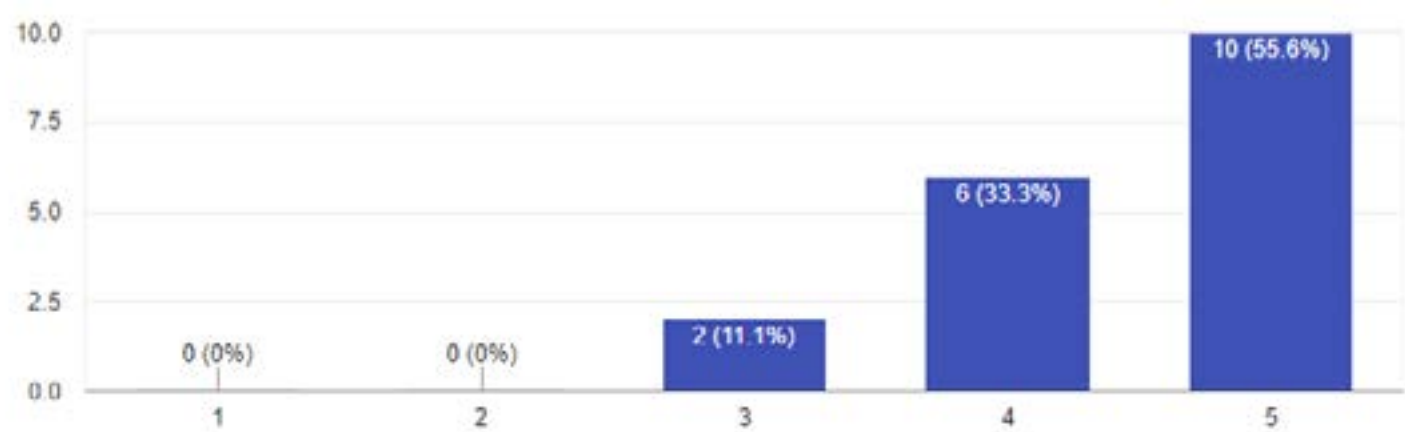
Experiences from the University of Coimbra (Filipa Godinho)

18 responses



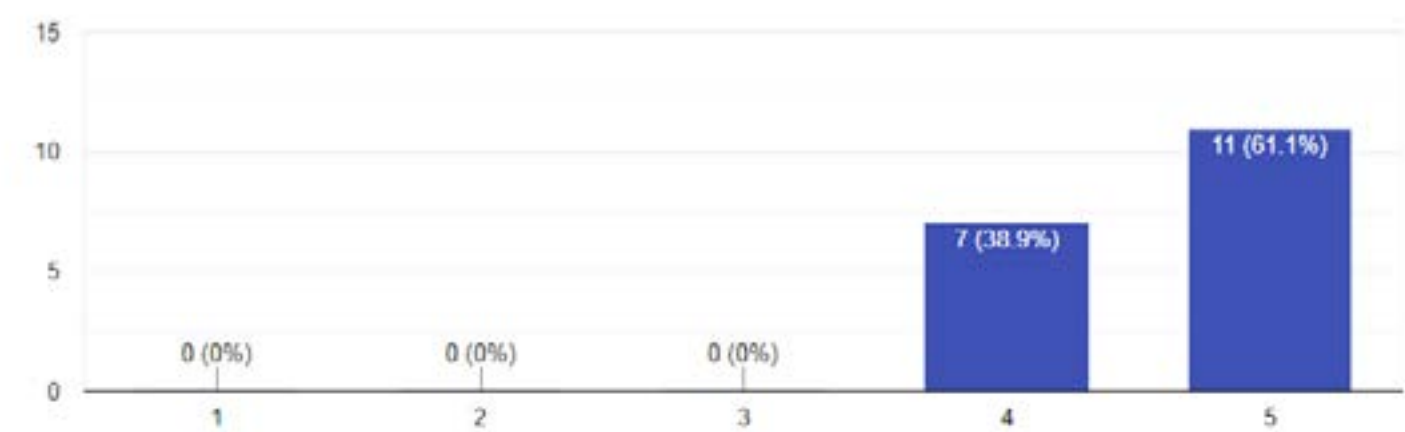
Experiences from AZS - University Sports Association of Poland (Marianna Pikul)

18 responses



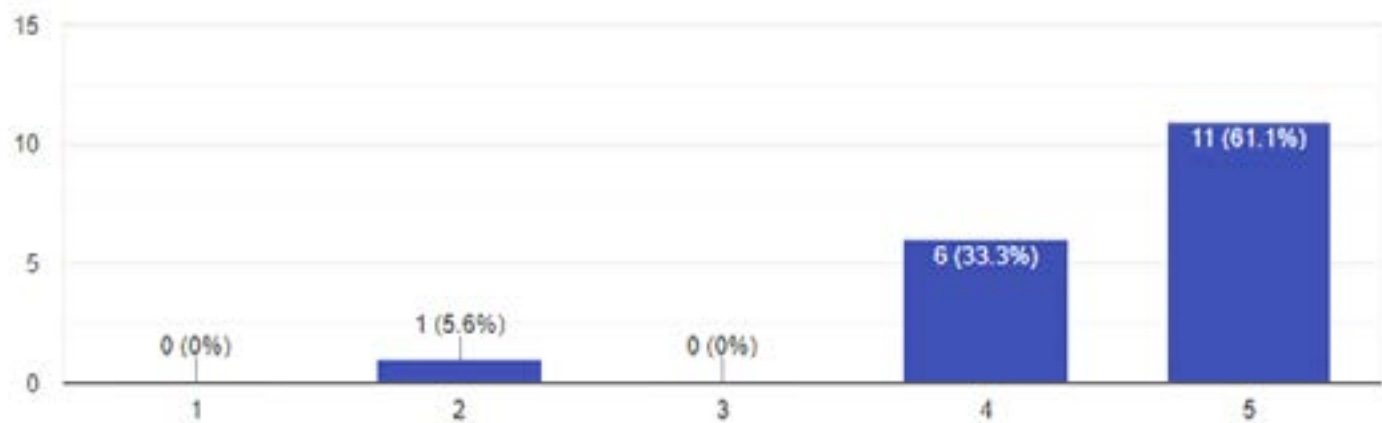
Experiences from MEFS - Hungarian University Sports Federation and EUG2024 (Mate Nagylstok & Laszlo Wegh)

18 responses



Conclusions and Invitations to EAS & EUSA events (Rajmund Tomik and Andrej Pisl)

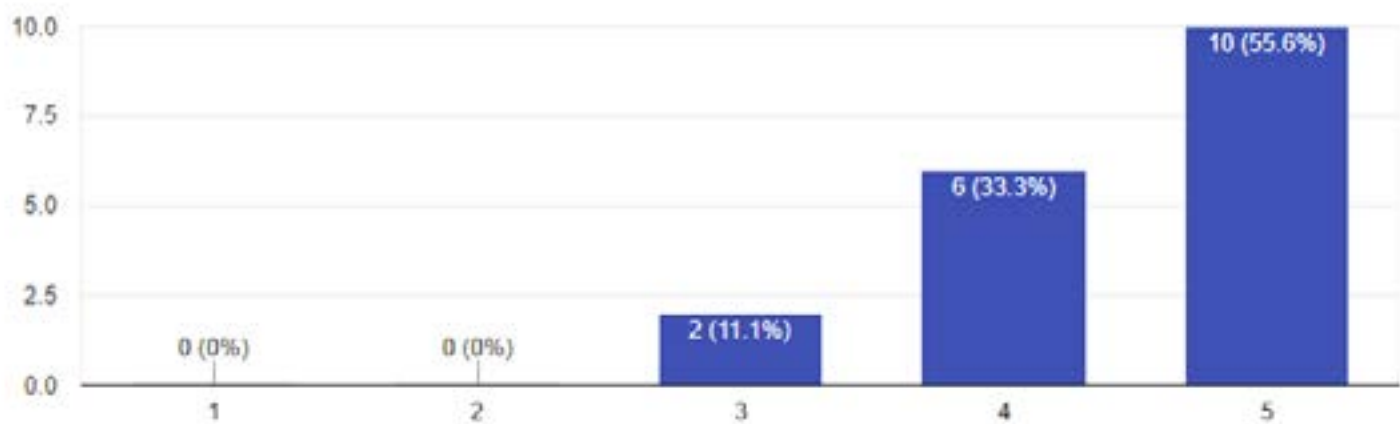
18 responses



C) Relevance to your work

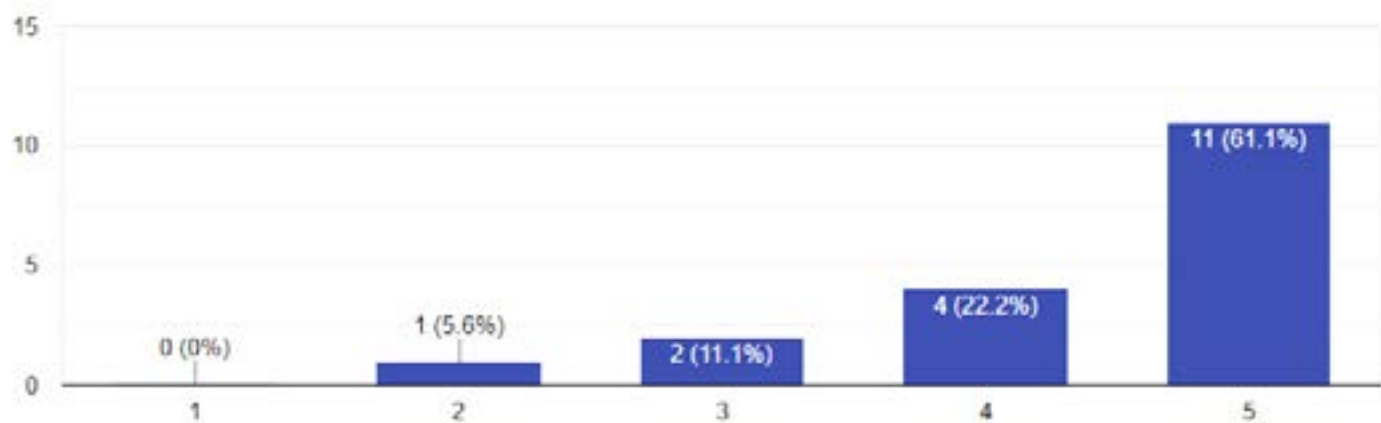
Relevance of this Webinar to your current work

18 responses



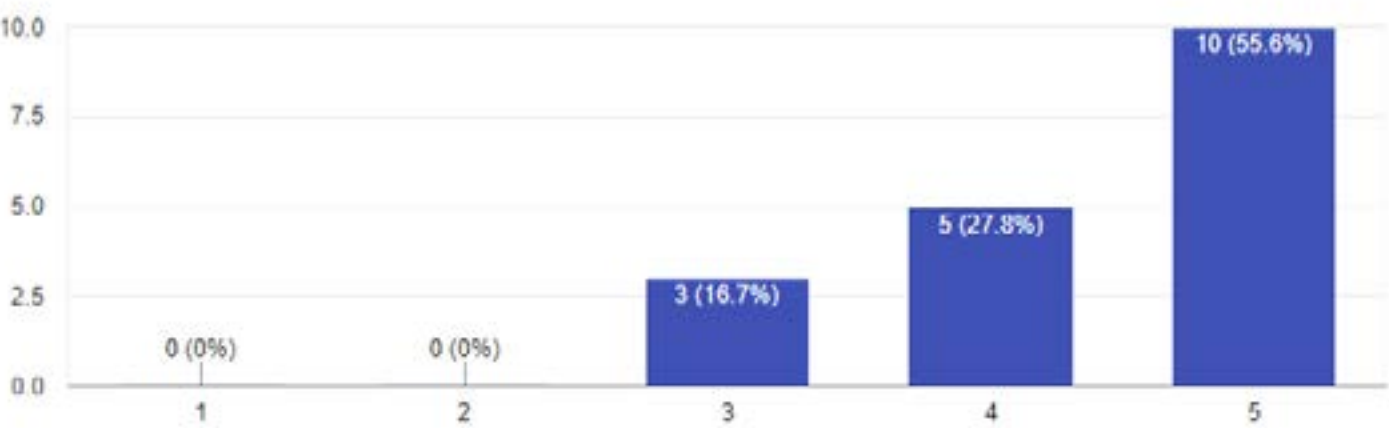
Relevance of the Webinar to your institution's need (if you represented an institution)

18 responses



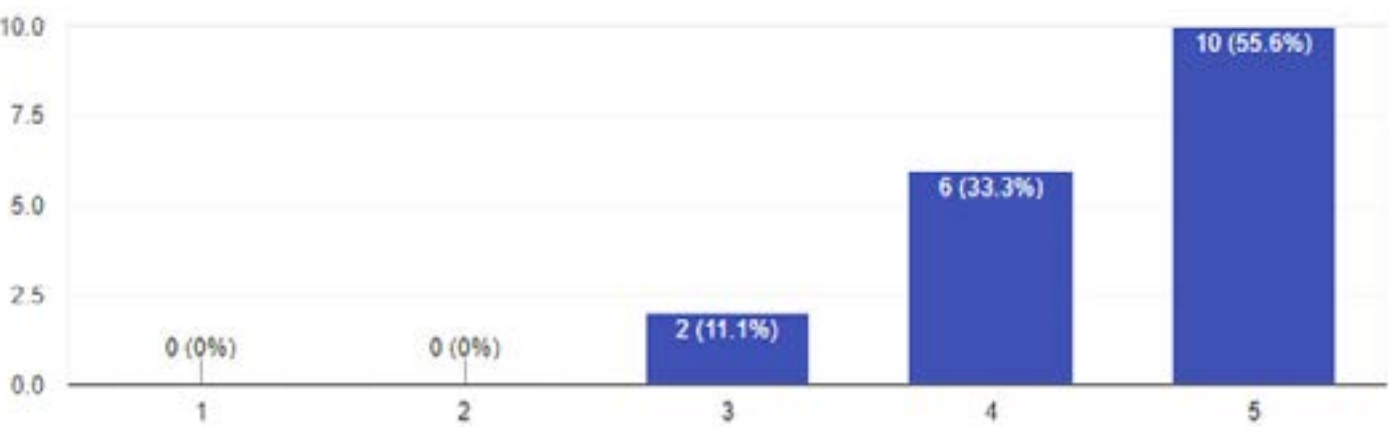
Extent to which you have acquired information that is new to you

18 responses



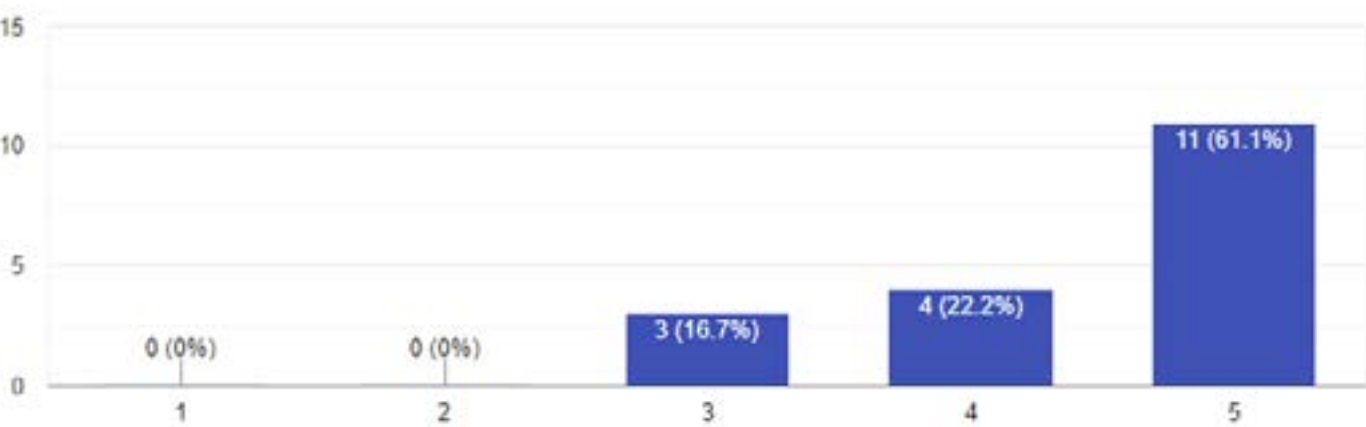
Usefulness for you of the information that you have acquired

18 responses



Overall usefulness of the Webinar

18 responses



What content did you find most useful/least useful?

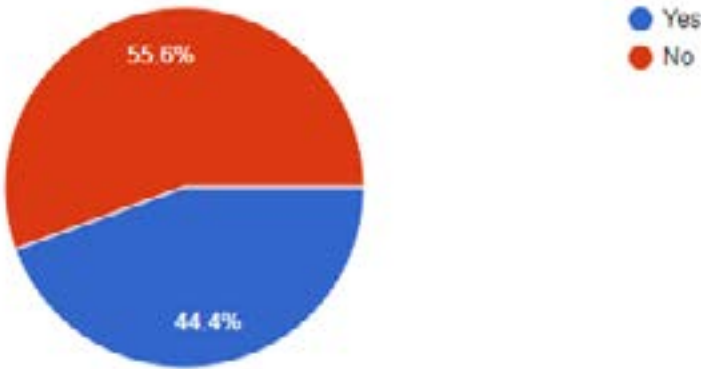
3 responses

Filipa Godinho
I understood more about different dual career moments and strategies from the presenters.
I found it very useful to understand the dynamics of the institutions involved and the references to their direct experiences

D) Other information

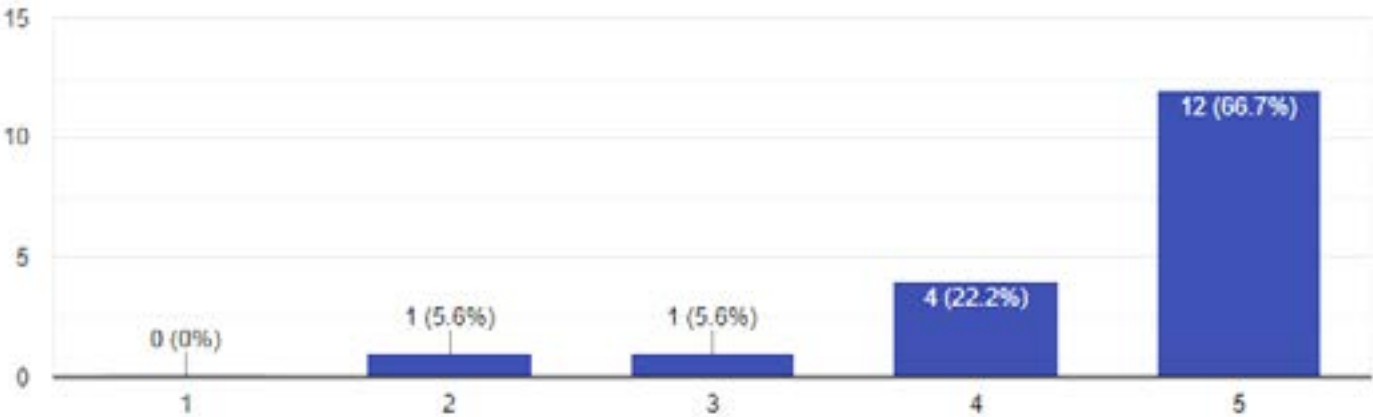
Have you ever attended EAS educational events before?

18 responses



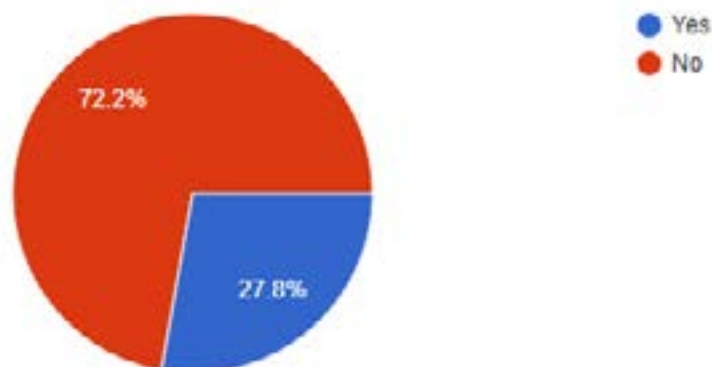
How likely will you attend another EAS educational event in the future?

18 responses



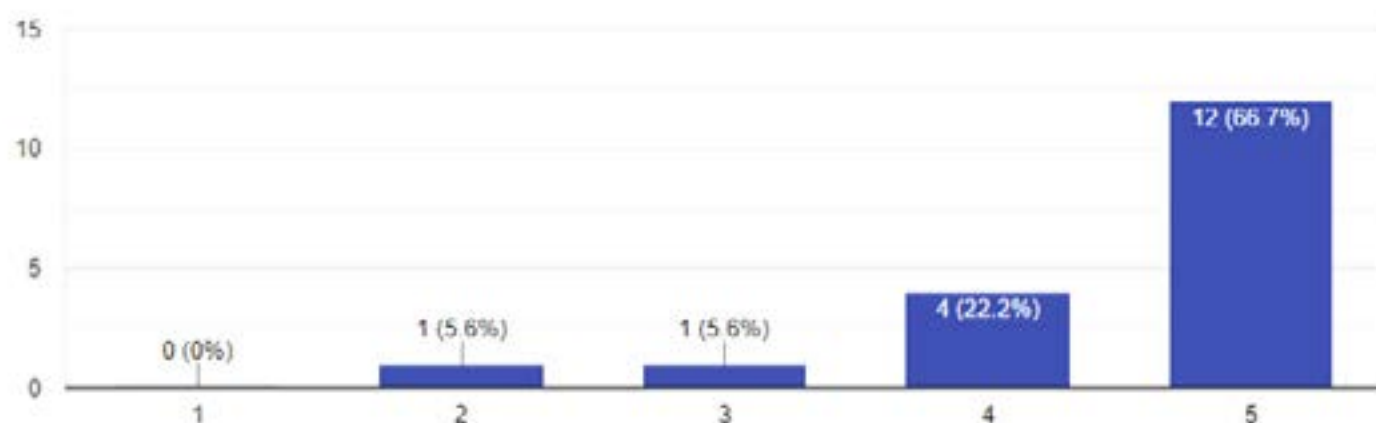
Have you ever attended EUSA educational events before?

18 responses



How likely will you attend another EUSA educational event in the future?

18 responses



Which other topics would you propose such online event covers in the future?

2 responses

Motivation of new generations for recreational sport and sports in general, connection of sport and mental health

Gender Equality, Equal opportunities and Volunteering

Any additional comments and suggestions

1 response

Great organization of this online event, it was a very insightful webinar! Congratulations to EUSA!

6. Project Presentations



DiscoverU
DISCOVERING UNIVERSITY SPORT AND DUAL CAREER

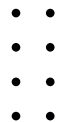
Monday, April 22
12:00 – 13:00 CET

EAS & EUSA Café: University Sports
From Active Lifestyles to Dual Career

WEBINAR



Co-funded by
the European Union



Discovering university sport and supporting dual career

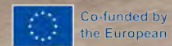




Project Partners



UNIVERSITÀ DEGLI STUDI
DI SALERNO



DiscoverU project in a nutshell



Project duration:

36 months

Main aims & fields:

- improving sport and physical activity opportunities for students in HE
- promoting and supporting dual career

Methodology:

- blended learning
- sharing experience
- gaining information & skills

Partnership:

- 2 European NGOs (EUSA Institute, EAS)
- 3 national university sport bodies (Croatia, Hungary, Poland)
- 1 university (Salerno, Italy)

Main activities:

- gathering information
- sharing good practice examples
- implementation of sports and educational activities



PROJECT OBJECTIVES

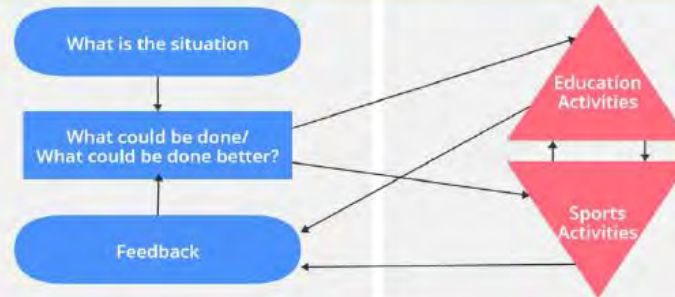
WP1:
Project Management and
Coordination

WP2:
Research

WP3:
Education and Sports

WP4:
Impact and Dissemination

Continuous project management

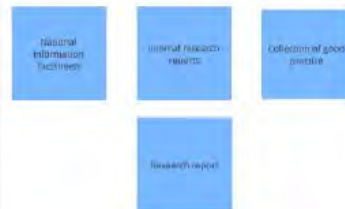


Continuous communication

Deliverables



Deliverables



Deliverables

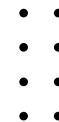


Deliverables





Our target reach



Events

2 seminars + workshops
1 conference
(min 1 online, min 1 live)



Participation

Sports events: 1.000
Education: 100



Satisfaction

Reach: 5 %
Rate: 3,5+/5



Outputs

1 publication
(electronic + 50 copies)



Dissemination

News items: 50
Social media: 100
E-newsletter: 10.000





Co-funded by
the European Union

Disclaimer

DiscoverU project is Co-Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.

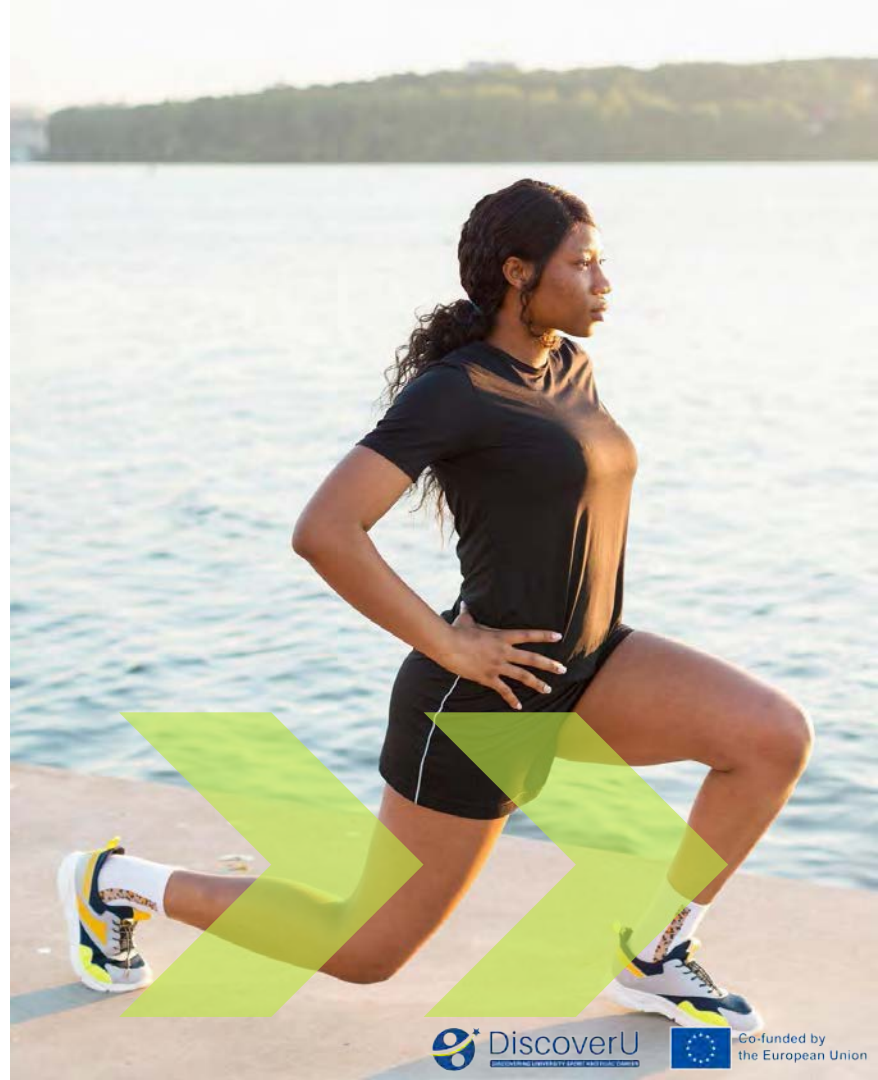


Discovering university sport and supporting dual career

Website: <https://discoveru.eusa.eu>

Reference email: discoveru@eusa.eu

Contact person: Andrej Pisl, EUSA
pisl@eusa.eu, +386 40 750 057





COIMBRA 2018
EUROPEAN UNIVERSITIES GAMES

EUSA



13
SPORTS

38
COUNTRIES

291
UNIVERSITIES

3293
ATHLETES

672
VOLUNTEERS

355
REFEREES

117
ORGANISING COMMITTEE

372
COACHES/SUB-COACHES

141
DELEGATION CHIEFS

249
STAFF

159
MEDIA MEMBERS

90
MEDICAL AREA/RED CROSS
PARAMEDICS





UNIVERSITY SPORTS: FROM ACTIVE LIFESTYLES TO DUAL CAREER

THE IMPACT OF EUG2018 ON
DUAL CAREERS AT THE
UNIVERSITY OF COIMBRA

Filipa Godinho

22.04.2024

University Sports - From Active Lifestyles to Dual Career

The impact of EUG2018 on dual careers at the University of Coimbra

Students and high-performance athletes

Students-athletes with regular sport competition

Students who like to play sport

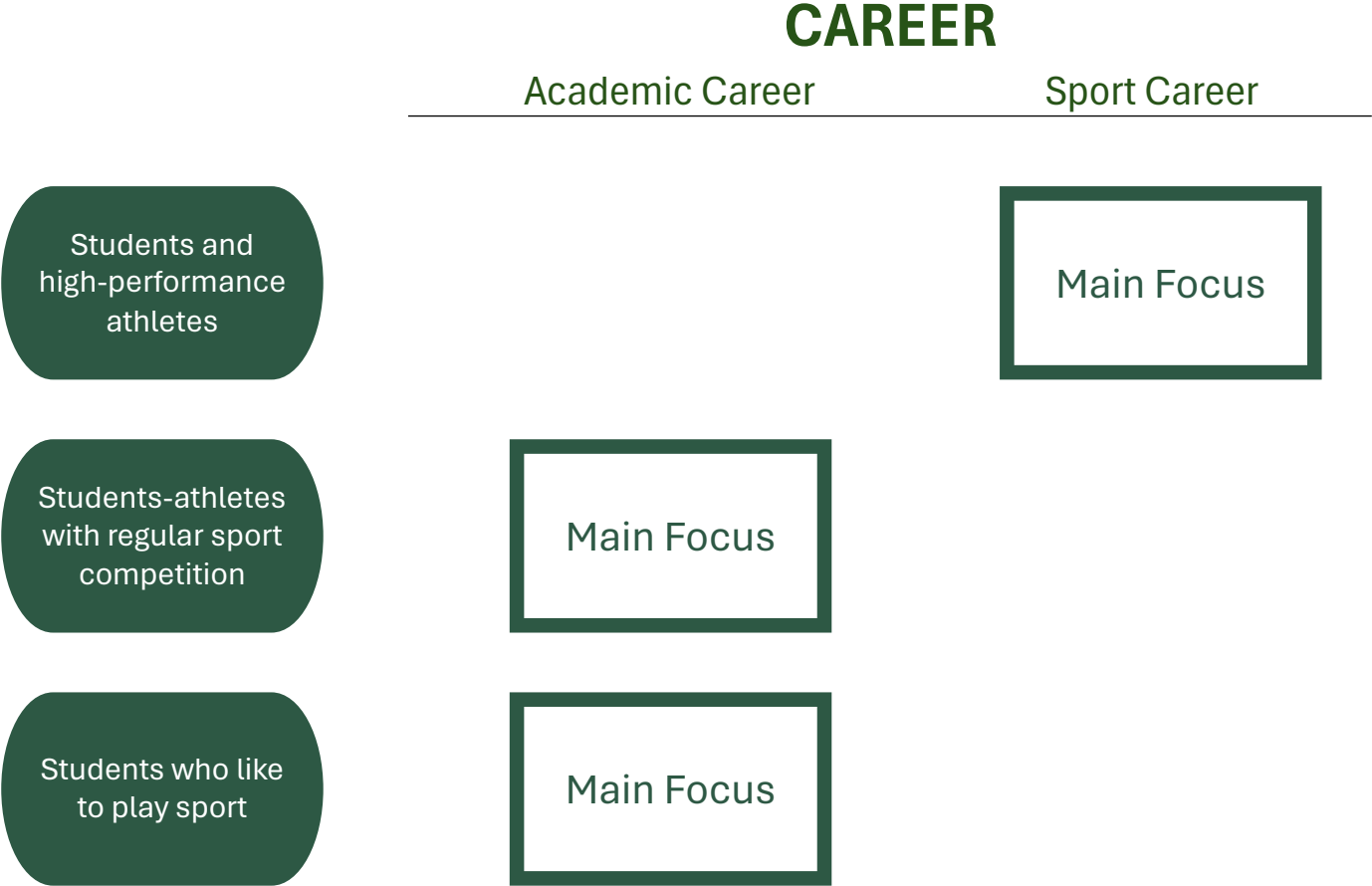


Filipa Godinho
April 2024



University Sports - From Active Lifestyles to Dual Career

The impact of EUG2018 on dual careers at the University of Coimbra



The impact of EUG2018 on dual careers at the University of Coimbra

SUPPORT

Students and
high-performance
athletes

High Performance Student Athlete Statute; Regular monitoring in areas as sports periodization, performance analysis, health monitoring and other recovery needs; Accommodation Support; Merit awards (€)

Students-athletes
with regular sport
competition

Student athlete statute
Merit awards (€)

Students who like
to play sport

Only a few gifts, such as medals and equipment



The impact of EUG2018 on dual careers at the University of Coimbra

VISIBILITY

Students and
high-performance
athletes

Students-athletes
with regular sport
competition

Students who like
to play sport

Ambassadors for the University and
University Sport/ Influencers - As they
motivate others to take part in sport

They may be the largest group of participants



University Sports - From Active Lifestyles to Dual Career

The impact of EUG2018 on dual careers at the University of Coimbra

EUG PARTICIPANTS

Students and high-performance athletes	A large number
Students-athletes with regular sport competition	Most of them
Students who like to play sport	Key people in organising and supporting the event



University Sports - From Active Lifestyles to Dual Career

The impact of EUG2018 on dual careers at the University of Coimbra

CAREER		SUPPORT	VISIBILITY	EUG PARTICIPANTS
Academic Career	Sport Career			
	Main Focus	High Performance Student athlete statute; Regular monitoring in areas as sports periodization, performance analysis, health monitoring and other recovery needs; Accommodation Support; Merit awards (€)	Ambassadors for the University and University Sport/ Influencers - As they motivate others to take part in sport.	A large number
Main Focus		Student athlete statute Merit awards (€)		Most of them
Main Focus		Only a few gifts, such as medals and equipment	They may be the largest group of participants	Key people in organising and supporting the event

Students and high-performance athletes

Students-athletes with regular sport competition

Students who like to play sport





UNIVERSIDADE D
COIMBRA



Akademicki Związek Sportowy

AKADEMICKI ZWIĄZEK SPORTOWY (AZS)

UNIVERSITY SPORT ASSOCIATION OF POLAND

112 years of tradition

The AZS as the association was established in 1909 in Krakow and from there spread to all academic centers across the country. Thanks to its great and successful history the association is nowadays the biggest students organization in Poland. We associate people for whom sport is primarily a passion thanks to which they are able to fulfill their dreams and achieve sports successes.

Common sports

It is one of the pillars of our activity. For more than 60 years we organize Academic Championships of Poland (AMP), which promote sport among students. The best of them receive their opportunities to compete in European Universities Championships.

Professional sports

Our pride is the professional sport. AZS members are sport stars, well-known across the globe. Our athletes win medals at the biggest events (Olympic Games, World and European Championships). We are very active in and successful in World Universities Championships and Universiade.

Olympic sports

Our crème de la crème are athletes from AZS. Polish Olympians, who are the main strength of professional sport in our country, train at AZS Clubs. About 1/3 of the Olympic team of the Polish national team are athletes from clubs of the Academic Sports Association. Here are some of them:

The foundation of our activity is the academic community, universities and their authorities. Thanks to their favor, most of our units are guaranteed stable operation, access to sports facilities, support in financing training staff and participation in sports competitions mainly related to universal sport. Studying is an ideal time for the development of competitive sport.

PRIMUS INTER PARES

PRESIDENT of AZS Prof. dr hab. ALOJZY NOWAK
RECTOR OF THE UNIVERSITY OF WARSAW

**PREZES AZS REKTOREM
UNIwersytetu Warszawskiego!
GRATULUJEMY!**





STRUCTURE AZS

38 000 ASSOCIATED MEMBERS

225 UNIVERSITY CLUBS AZS

17 ADMINISTRATIVE ORGANIZATIONS AZS

3 000 SPORTS SECTION

500 SPORTS EVENTS IN A YEAR



Akademicki
Związek
Sportowy

**MŁODOŚĆ
PEŁNA PASJI**
NAJLEPSZY CZAS NA ROZWÓJ

AKADEMICKIE MISTRZOSTWA POLSKI

POLISH UNIVERSITIES CHAMPIONSHIPS

UNIVERSITY SPORT ASSOCIATION OF POLAND

YOUTH FULL OF PASSION – MODERN ACTIVITY – RESPECT FOR TRADITION

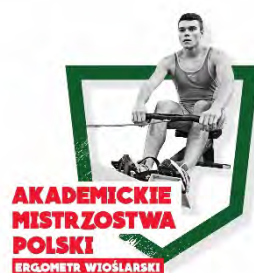


POLISH UNIVERSITIES CHAMPIONSHIPS

- The largest system of academic sports competitions in Poland
- 77 sports events (finals and semi-finals) - in each academic year (January - June)
- 30 disciplines / 47 classifications
- 20,000 participants
- 140 participating Universities in Poland
- 2,500 sports sections throughout Poland



Ministerstwo
Sportu i Turystyki



**AKADEMICKIE
MISTRZOSTWA
POLSKI**

POLISH UNIVERSITIES CHAMPIONSHIPS



975 participants



410 participants



1250 participants



Fot. Rafał Oleksiewicz

**AKADEMICKIE
MISTRZOSTWA
POLSKI**

POLISH UNIVERSITIES CHAMPIONSHIPS



INTER – UNIVERSITY LEAGUES

- Inter - University leagues are the basic system of sports competition run by Administrative organizations of AZS, in every province / in every academic center.
- Competition in close to 40 sports disciplines
- Every year, a group of over 30,000 students participate in Inter - University League games





INTER – UNIVERSITY LEAGUES

BADMINTON



ERGOMETR
WIOŚLARSKI



JUDO



FUTSAL



KOSZ 3X3



KOLARSTWO
GÓRSKIE



PIŁKA NOŻNA



PIŁKA RĘCZNA



PŁYWANIE



BIEGI
PRZELĄJOWE



SIATKÓWKA



SNOWBOARD



SZERMIERKA



TENIS



TENIS STOŁOWY



TRÓJBÓJ SIŁOWY



UNIHOKEJ



WIOŚLARSTWO



KOSZYKÓWKA



NARCIARSTWO



STRZELECTWO
SPORTOWE



SZACHY



WSPINACZKA
SPORTOWA



ŻEGLARSTWO





Akademicki
Związek
Sportowy

**MŁODOŚĆ
PEŁNA PASJI**
NAJLEPSZY CZAS NA ROZWÓJ



POLISH UNIVERSITY TEAM

UNIVERSITY SPORT ASSOCIATION OF POLAND

YOUTH FULL OF PASSION – MODERN ACTIVITY – RESPECT FOR TRADITION

The AZS is an active member of International University Sports Federation (FISU) and European University Sports Association (EUSA) since their creation and takes part in system of international competition. There have never been a year without medals for AZS athletes in international academic competitions. These, for many of our stars, are just the beginning of their great careers.



630 medali

medals in **World Universities Championships**

30 WUC

events in Poland including first one in athletics in 1924 in Warsaw

Events in 2024 in Poland

Triathlon (Gdańsk)



380 medals

in **European Universities Championships**

24 EUC events in Poland

EUG 2022 in Lodz in Poland



2022



600 medals

in **Universiades**

Poland hosted 2 Winters Universiades
in Zakopane 1993 and 2001





European Universities Games Łódź 2022

17 – 30 July 2022



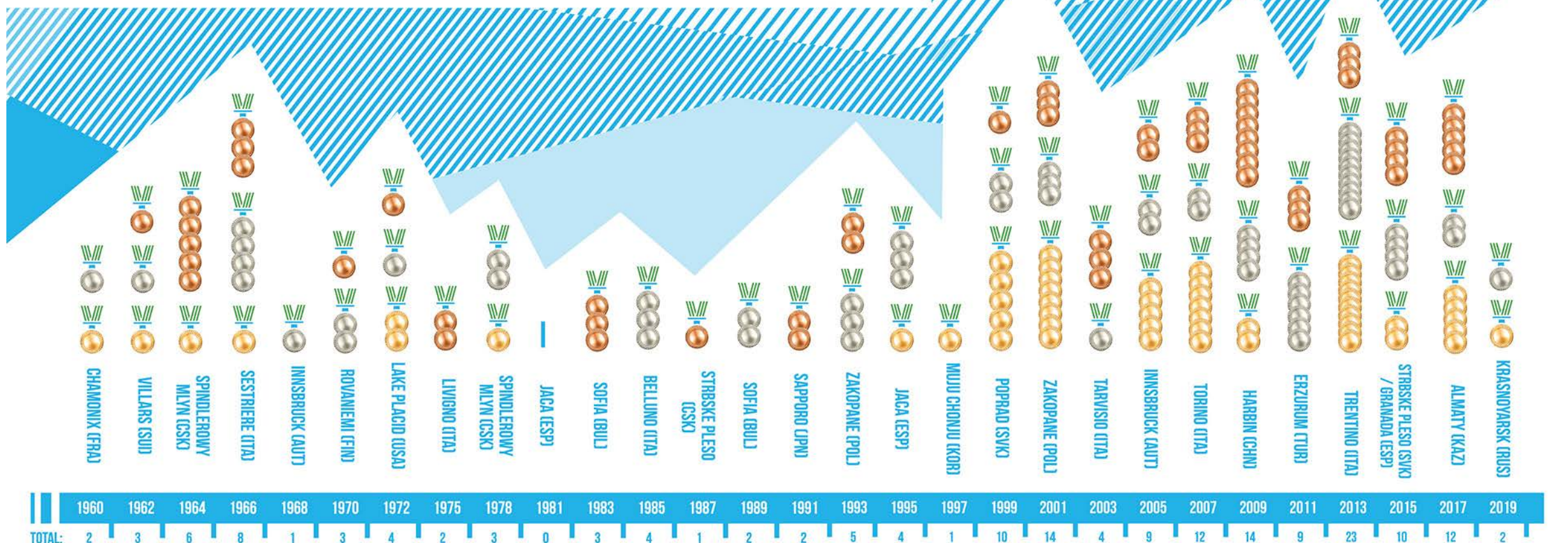
DOROBK MEDALOWY POLAKÓW NA LETNICH UNIWERSJADACH

medale ogółem: 98 118 141 razem: **357**



Dorobek medalowy Polaków na zimowych Uniwersjadach

medale ogółem:  **53**  **59**  **61** razem: **173**







Akademicki
Związek
Sportowy

**MŁODOŚĆ
PEŁNA PASJI**
NAJLEPSZY CZAS NA ROZWÓJ



**AKADEMICKIE CENTRUM
SZKOLENIA SPORTOWEGO**

ACADEMIC SPORTS TRAINING CENTER

UNIVERSITY SPORT ASSOCIATION OF POLAND

YOUTH FULL OF PASSION – MODERN ACTIVITY – RESPECT FOR TRADITION

Sports	Dyscyplina	Contestants
Badminton	Badminton	3
Biathlon	Biathlon	17
Bobsleigh	Bobsleje	2
Boxing	Boks	3
Bridge	Brydż	9
Curling	Curling	9
Artistic gymnastics	Gimnastyka sportowa	19
Judo	Judo	77
Whitewater kayaking	Kajakarstwo górskie	23
Canoe sports	Kajakarstwo klasyczne	77
Karate	Karate	5
Cycling	Kolarstwo	2
Athletics	Lekkoatletyka	195
Speed skating	Łyżwiarstwo szybkie	14
Alpine skiing	Narciarstwo alpejskie	11
Cross country skiing	Narciarstwo klasyczne	12
Swimming	Pływanie	60
Synchronised swimming	Pływanie synchroniczne	1
Weightlifting	Podnoszenie ciężarów	10
Luge	Saneczkarstwo	7
Diving	Skoki do wody	2
Snowboard	Snowboard	14
Fencing	Szermierka	123
Taekwondo	Taekwondo	52
Tennis	Tenis	8
Table tennis	Tenis stołowy	10
Triathlon	Triathlon	6
Rowing	Wioślarstwo	74
Wrestling	Zapasy	15
Sailing	Żeglarsstwo	21
TOTAL	Razem	881

Klub / ACSS	Contestants
AZS AWFIS Gdańsk	75
AZS AWF Gorzów Wlkp.	19
AZS AWF Katowice	124
AZS AWF Kraków	77
AZS AWF Poznań	60
AZS AWF Warszawa	149
AZS AWF Wrocław	64
AZS Zakopane	19
AZS KŚ Lublin	12
OŚ AZS Łódź	31
AZS Polit. Opole	27
AZS UWM Olsztyn	26
Razem ACSS certyfikowane	683
AZS AWF Biała Podlaska	8
AZS UJD Częstochowa	7
AZS Polit. Śl. Gliwice	27
AZS AGH Kraków	14
AZS Polit. Łódź	5
AZS Judo Opole	4
OŚ AZS Poznań	71
OŚ AZS Szczecin	10
AZS UMK Toruń	10
AZS UW Warszawa	19
AZS UE Wrocław	4
AZS UP Wrocław	5
AZS Polit. Wrocławska	14
Razem ACSS pomocnicze	198
TOTAL	881



UNIVERSITY SPORT ASSOCIATION OF POLAND

YOUTH FULL OF PASSION – MODERN ACTIVITY – RESPECT FOR TRADITION

OLYMPIANS FROM THE AZS ARE NATIONAL PRIDE



Halina Konopacka

discobolus athlete. She won the discus throw event at the 1928 Summer Olympics, breaking her own world record and becoming the first Polish Olympic champion. three-time record holder in the discus throw, 27-time Polish champion in shot put, discus throw, javelin, high jump.



Waldemar Baszanowski

lightweight (-67.5 kg) weightlifter, a four-time Olympian, two-time Olympic champion, a five-time World Cup winner, a six-time European champion and a twenty-four-time world record holder. He won 9 gold medals of the Polish championships, he set Polish records 61 times.



Jacek Wszół

high jumper, two-time participant in the Olympic Games - in his first start in Montreal he won gold, and four years later - in Moscow a silver medal. In both performances he improved the record of the Olympic Games.



Paweł Nastula

Judoka, Olympic champion from Atlanta in 1996, two-time world champion, three-time European champion, 13-time Polish champion

OLYMPIANS FROM THE AZS ARE NATIONAL PRIDE



Otylia Jędrzejczak

swimmer, Olympic champion, two-time world champion, five-time European champion, three-time record holder of the world, elected the best Polish athlete three times



Szymon Ziółkowski

hammer thrower - Olympic and World champion



Justyna Kowalczyk

cross-country skier, Olympic champion and medalist, champion of the World Cup, four-time winner of the World Cup in cross-country skiing



Tomasz Majewski

shot put, two times Olympic champion, he stood on the podium of European and World Championships, and Indoor European and World Championships



Akademicki
Związek
Sportowy

#AZSwTOKIO



ANITA WŁODARCZYK
AZS AWF KATOWICE



DAWID TOMALA
AZS POLITECHNIKA OPOLSKA



JUSTYNA ŚWIĘTY-ERSETIC
AZS AWF KATOWICE



NATALIA KACZMAREK
AZS AWF WROCŁAW



ANNA PUŁAWSKA
AZS AWF GORZÓW WLKP.



AGNIESZKA KOBUS-ZAWOJSKA
AZS AWF WARSZAWA



KATARZYNA ZILLMANN
AZS UMK TORUŃ



MARIA SAJDAK
AZS AWF KRAKÓW



DARIUSZ KOWALUK
AZS AWF WARSZAWA



KAJETAN DUSZYŃSKI
AZS ŁÓDŹ



KAROL ZALEWSKI
AZS AWF KATOWICE



MAŁGORZATA HOŁUB-KOWALIK
AZS UMCS LUBLIN



JUSTYNA ISKRZYCKA
AZS AWF KATOWICE



MALWINA KOPRON
AZS UMCS LUBLIN



PAWEŁ FAJDEK
AZS AWF KATOWICE



MICHAŁ DERUS
AZS PWSZ TARNÓW



Akademicki
Związek
Sportowy

**MŁODOŚĆ
PEŁNA PASJI**
NAJLEPSZY CZAS NA ROZWÓJ

SPORTS TRAINING FOR CHILDREN AND ADOLESCENTS

THE NATIONAL YOUTH SPORT SYSTEM

Club competition results in 2020

1. AZS AWF Katowice
2. AZS AWF Warszawa
3. AZS Poznań
4. WKS Śląsk Wrocław
5. AZS AWF Poznań
6. AZS UMCS Lublin
7. G8 Warszawa Bielany
8. AZS AWFis Gdańsk
9. ŁKS Juwenia Białystok
10. AZS AWF Wrocław
11. AZS AWF Kraków



Classified: 4000 clubs

UNIVERSITY SPORT ASSOCIATION OF POLAND

YOUTH FULL OF PASSION – MODERN ACTIVITY – RESPECT FOR TRADITION



MŁODOŚĆ PEŁNA PASJI

NAJLEPSZY CZAS NA ROZWÓJ

YOUTH FULL OF PASSION
THE BEST TIME FOR DEVELOPMENT

THANK YOU FOR YOUR ATTENTION

<https://azs.pl>



MAGYAR EGYETEMI - FŐISKOLAI
SPORTSZÖVETSÉG

University Sport and Dual Career in Hungary

László VÉGH, Máté NAGYISTÓK

EUSA Webinar, 22/04/2024



Traditions & Experiences in Top University Sport

Foundations of national and international organizations

- 1907 Foundation of the Hungarian University Sports Federation – the first one in Europe, second in the World
- 1949 Foundation of FISU – 7 Western-European countries
- 1959 Integration of FISU – Hungary among founders
- 1999 Foundation of EUSA – 25 countries (incl.: Hungary)

Universiade and predecessors in Hungary (4)

- 1935 6th World University Games
- 1949, 1954 World Student Games
- 1965 4th Summer Universiade

World University Championships in Hungary (14)

- Orienteering – 1986, 1996, 2016; Table Tennis – 1990, 2004;
- Handball – 1996 (men), 2010 (man and woman); Triathlon – 2000;
- Futsal – 2002; Squash – 2006; Rowing – 2010; Wrestling – 2014;
- Modern Pentathlon – 2018; Canoe Sprint – 2018;

European Universities Championships in Hungary (5)

- Karate 2013; Rugby 7's 2015; Basketball 2017; Chess & Bridge 2019, 3x3 Basketball, Badminton, Water Polo 2023



Competitive Sports Development

International results

- Participation of the best athletes at WUC's and Universiades / World University Games
- **Tokyo 2020 Olympics – Hungarian university athletes**
 - 70 athletes in 16 disciplines from 23 universities
 - 3 gold, 4 silver, 14 bronze medals
- **WUG / Universiade**
 - Chengdu 2023
 - 3 gold, 8 silver, 6 bronze medals
 - Summary since 1959
 - 124 gold, 103 silver, 120 bronze medals
- National Champions – priority in participation at EUSA events
- Organizing EUG, WUC's, EUC's in Hungary



Sports Development & Dual Career

National Championships (35-40 sports):

- Inclusion in the annual event calendar of the NSF's
- 3500-4000 participants
- „MEFOB Festival” multisport event → preparation for the **EUG 2024 Debrecen-Miskolc**

Dual career model:

- Admittance support system (extra points, exemption)
- Sports scholarships and free housing
- Mentoring and tutoring
- High-level training possibilities in university sports clubs
- Participation at national and international events

Hungarian Olympic Committee - Dual Career Programme

- Olympic disciplines' junior and senior national team athletes can apply
 - Mental support
 - Studying support
 - Enhancing sport performance
 - Civil-life career assistance after the sporting career
- 17 partner universities, 12 available services such as psychology, rehabilitation or life coach



Trial Career Model (Plan stage)

Trial career model

- Coordinate the 3 key areas of sports, study and work
- Designed for youth athletes just beginning their sporting career life
- Not only for elite athletes
- Plan: self-financing system with a cooperation of companies, schools and sports teams
- Standardised mentoring and tutoring system in higher education
- Mentoring and tutoring
- Coordinated interaction between family, coach and school representatives
- Career guidance consulting services
- Financial support
- Non-financial support (language school, self-development services)



Future International Events - MEFS as Host

European Universities Games 2024 Debrecen-Miskolc

- 12-24 July, 2023
- 17 sports:
 - Debrecen: Badminton, 3x3 Basketball, Beach Handball, Football, Futsal, Handball, Table Tennis
 - Miskolc: Basketball, Beach Volleyball, Judo, Karate, Kickboxing, Tennis, Taekwondo, Volleyball, Water Polo
- ~4000 participants representing over 300 European universities

European Universities Volleyball Championships 2025, Budapest

2026 FISU World University Championship Canoe Sports – bid presented



DEBRECEN-MISKOLC 2024
EUROPEAN UNIVERSITIES GAMES



more than
GAMES

MORE THAN GAMES – THE BRAND

EUG 2024 | DEBRECEN – MISKOLC

22 April 2024

EUSA

DEBRECEN-MISKOLC2024
EUROPEAN UNIVERSITIES
GAMES





MORE THAN GAMES

This is the start
of your career



THIS IS MORE THAN GAMES

This is the start of your life. This is the start of your career.

THE BRAND STORY of *More than Games*

This is more than a games!

This is the START of your life.

This is a life changing experience that transforms us.





MORE THAN SWIMMER

More than
a researcher

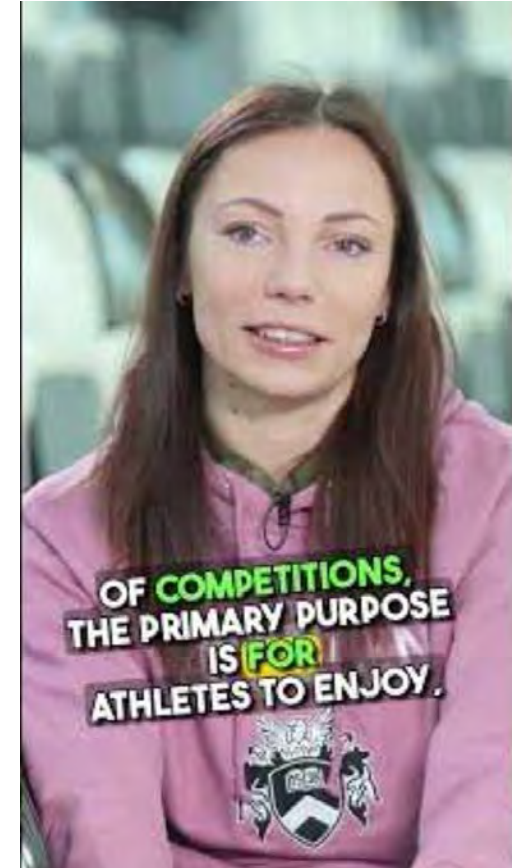


12-14 JULY 2020
TUMS - SAN LUIS VALLEY UNIVERSITY

HERO AND VOLUNTEER POSTS



HERO VIDEOS



THE IDEA OF THE EVENT: A CELEBRATION OF SPORT AND KNOWLEDGE

It's not just about winning; it's about leaving a mark on the world, proving that the power of unity, purpose, and passion is indeed **"More Than Games."**



MAGYAR EGYETEMI - FŐISKOLAI
SPORTSZÖVETSÉG

Thank you for your attention!

<https://mefs.hu>
<https://eug2024.eu>



EUROPEAN ATHLETE STUDENT
THE DUAL CAREER NETWORK



Academy of Physical Education
in Katowice

EAS 2024 ANNUAL CONFERENCE, AWF KATOWICE (POLAND)

Dual career at school and university -
innovative bridges between sport and education

1-3 October 2024

KATOWICE



EUROPEAN CITY OF SCIENCE 2024



**EAS 2024 ANNUAL CONFERENCE,
AWF KATOWICE (POLAND)**

Dual career at school and university -
innovative bridges between sport and education

1-3 October 2024

 **EUROPEAN ATHLETE STUDENT**

 **Academy of Physical Education
in Katowice**

Call for Papers – Bengt Nybelius Scholarship 2024

<https://www.dualcareer.eu/call-for-papers-bengt-nybelius-scholarship-2024/>

deadline: July 1st, 2024 (midnight CET)

Conference website

<https://eas24.awf.katowice.pl>



**EAS 2024 ANNUAL CONFERENCE,
AWF KATOWICE (POLAND)**

Dual career at school and university -
innovative bridges between sport and education

1-3 October 2024

 **EUROPEAN ATHLETE STUDENT**
THE DUAL CAREER NETWORK

 **Academy of Physical Education
in Katowice**



DiscoverU

DISCOVERING UNIVERSITY SPORT AND DUAL CAREER

Co-Funded by the European Union.

Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them.



Co-funded by
the European Union



Hrvatski akademski
sportski savez
Croatian Academic
Sports Federation



MEFS
MAGYAR EGYETEMI - FŐISKOLAI
SPORTSZÖVETÉG



Akademicki
Związek
Sportowy



UNIVERSITÀ
DEGLI STUDI
DI SALERNO